

# Human Genetics as an Enabler of RNAi Therapeutics

Paul Nioi, PhD

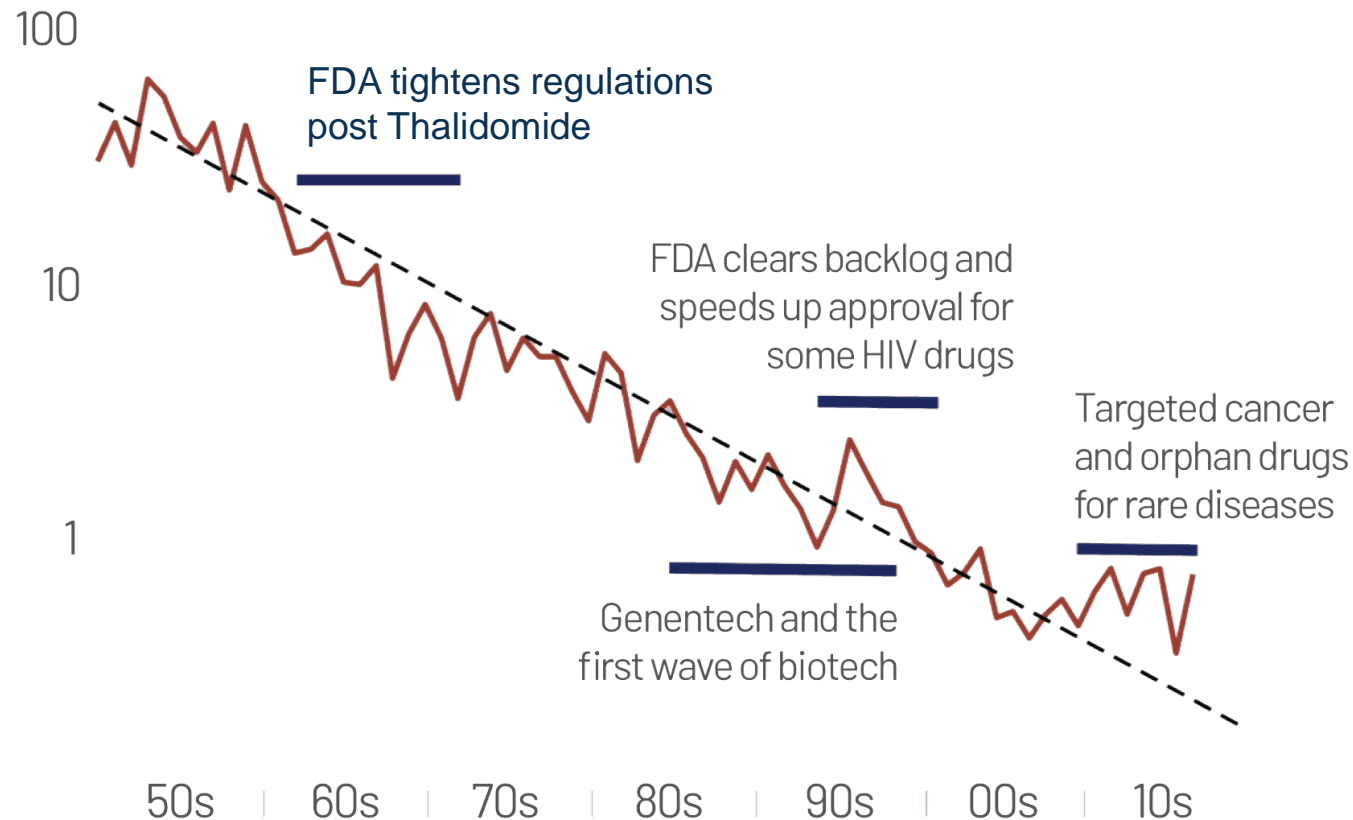
OTS meeting  
October 2022

# Disclosures

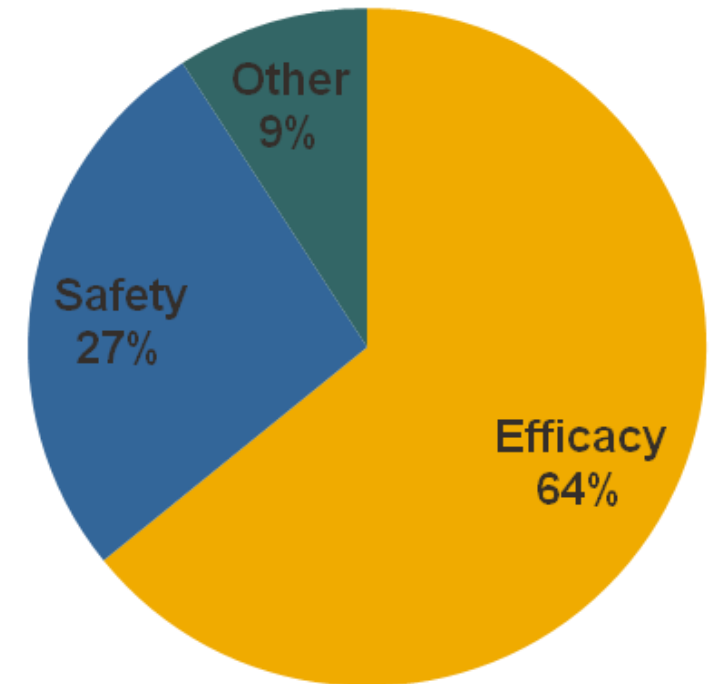
- I am an employee of- and shareholder in- Alnylam

# RNAi is a powerful therapeutic modality but what are the right targets?

Drugs per \$1B R&D



Phase 3/submission Failures  
2007-2010 (120 drugs)



<https://refoundable.com/research/life-after-erooms-law-interview-with-jack-scannell>

Hay et al. (2014) Nat. Biotech. 32:40-51

Arrowsmith & Miller (2013) Nat. Rev. Drug. Disc. 12:569

# Why?

# Traditional Target Discovery has Failed

A Lack of Understanding of Disease Mechanisms in Humans





# Human genetically validated targets are more likely to lead to an approved drug



Mutation in gene  
encoding drug target



Phenotype that matches  
drugs' indication

## Medicines are 2x more likely to be approved if target is genetically validated

Progression	$p(\text{progress} \text{genetics}) / p(\text{progress} \text{no genetics})$
Phase I to Phase II	1.2 (1.1-1.3)
Phase II to Phase III	1.5 (1.3-1.7)
Phase III to Approval	1.1 (1.0-1.2)
Phase I to Phase III	1.8 (1.5-2.1)
Phase I to Approval	2.0 (1.6-2.4)

Nelson et al., [Nat Gen.](#) 2015,47:856-60.

# UK Biobank Exome Sequencing Consortium (UKB-ESC)

## Alnylam is a founding member of the UKB-ESC



**Enabling scientific discoveries that improve human health**

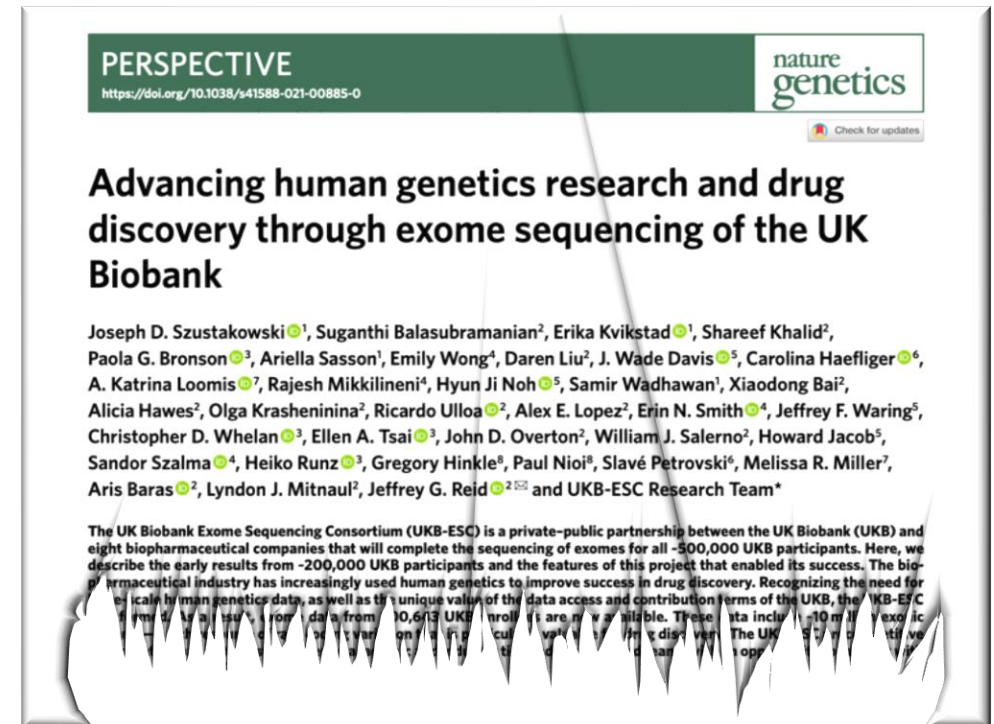
## 500,000 participants

## Age 40-69 at recruitment

## Access to EHRs, biomarker data, imaging...

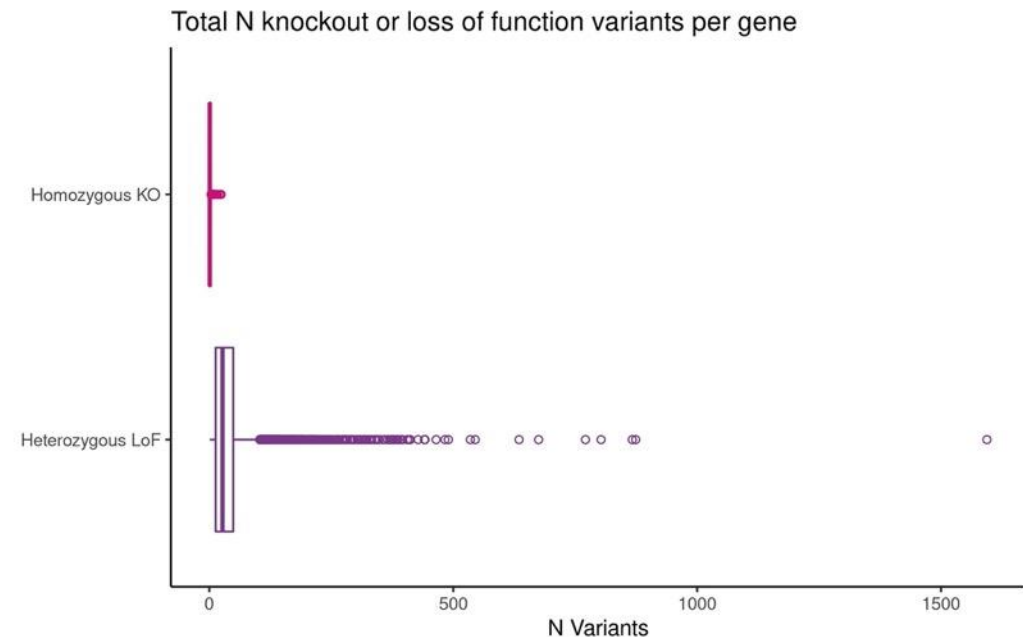
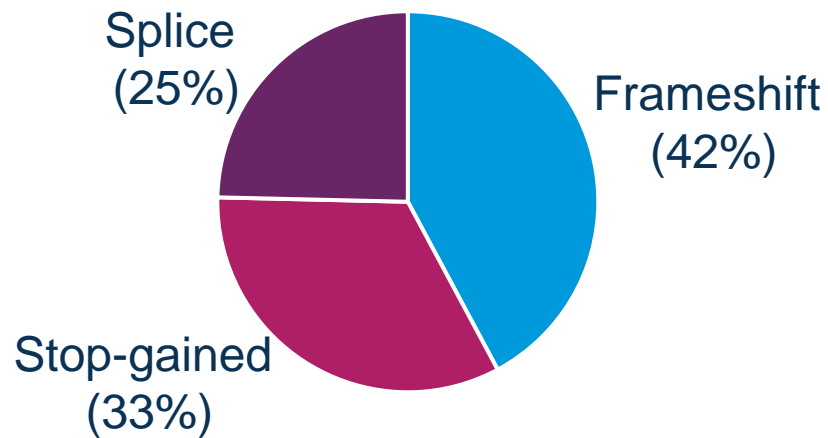
UKB-ESC goal – exome sequence all 500,000 participants

Alnylam goal – use genotype-phenotype data to discover genetically validated drug targets



# Human “knockout” and LOF variants in UKBB exomes

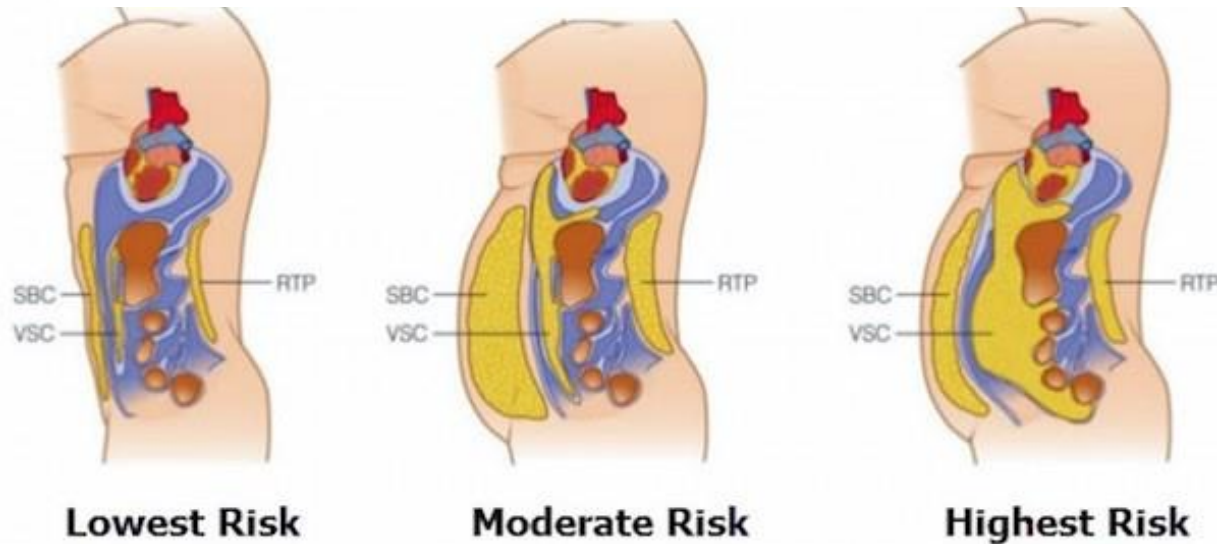
	N Genes	% Singleton	% N ≤ 10 carriers
Homozygous LOF ("knockouts") Genes	2261 (12%)	43%	75%
Heterozygous LOF Genes	16406 (86%)	1%	9%





# Discovering New Targets for Metabolic Syndrome (MetS)

Subcutaneous Fat (SBC) and Visceral Fat (VSC)



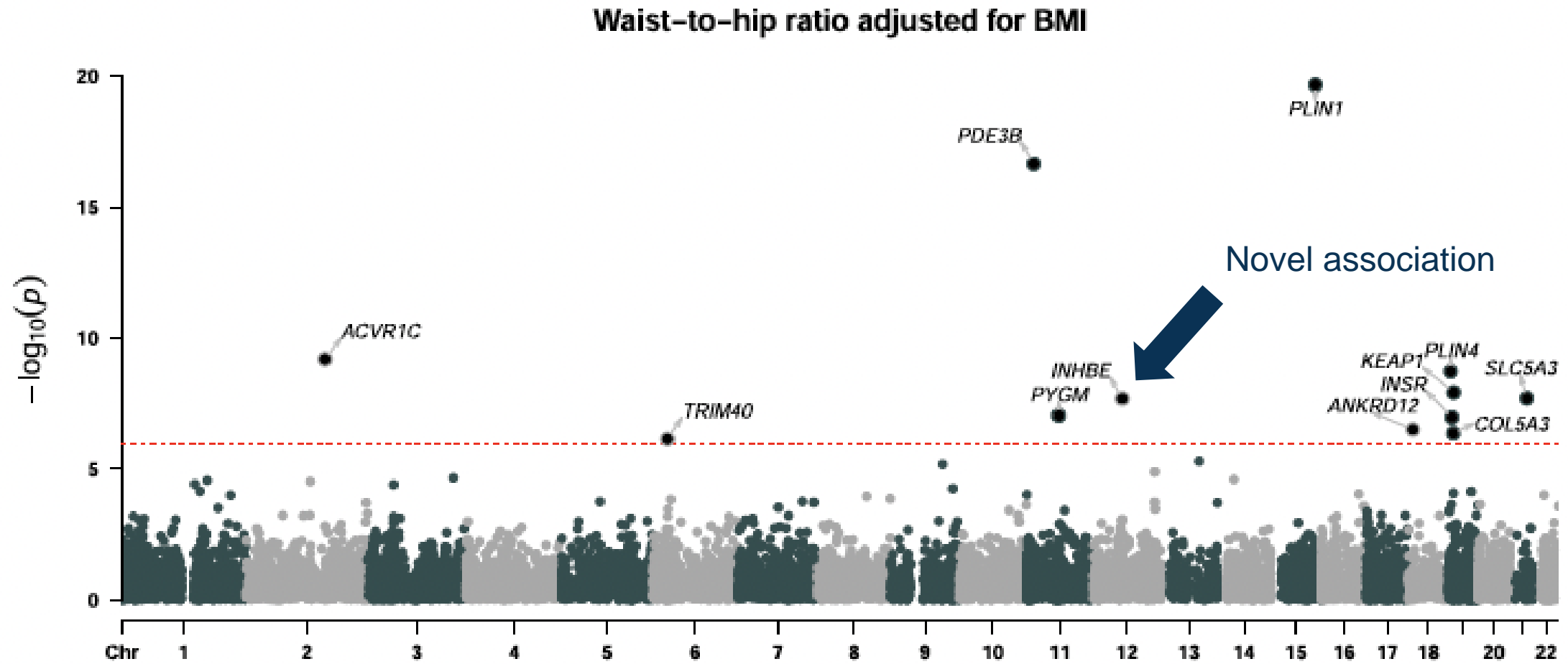
A major cause of Cardiovascular disease

Characterized by visceral obesity, high triglycerides, low HDL, insulin resistance and hypertension

Waist:Hip is a good surrogate for visceral adiposity

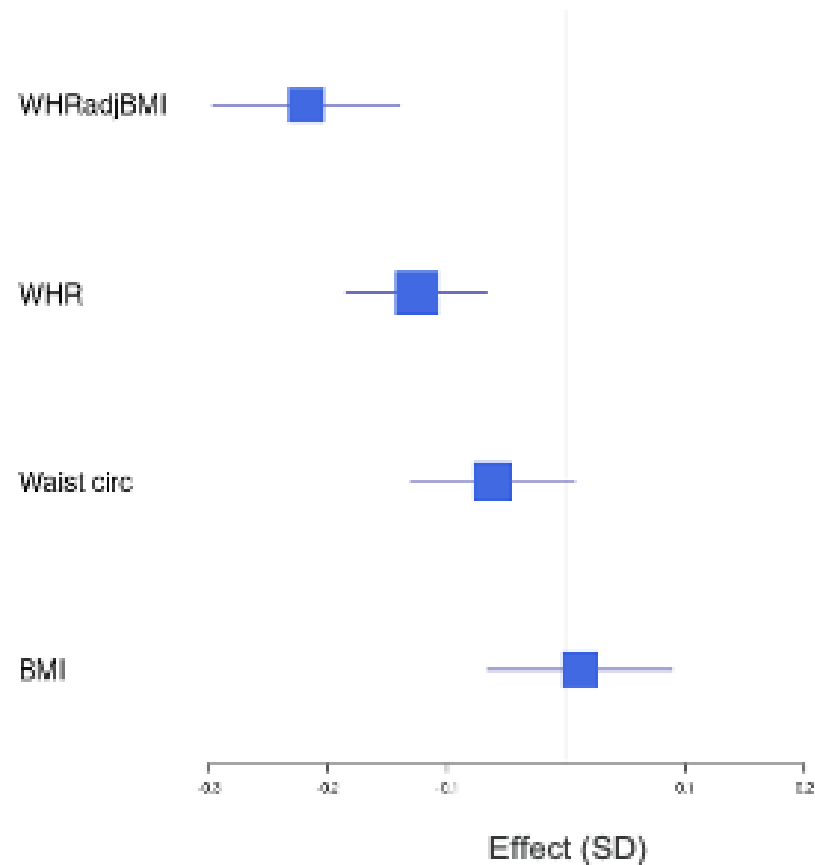
**Affects > 20% of adults, globally**

# Genome wide association study of waist to hip ratio

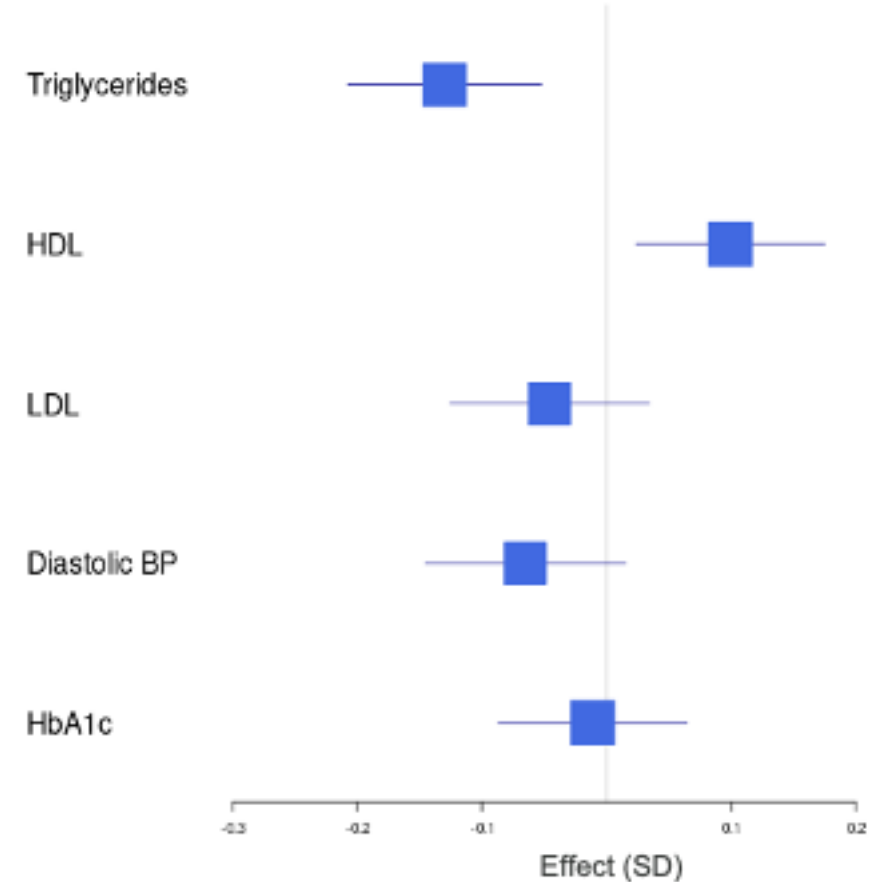


# INHBE LOF carriers show traits consistent with protection from metabolic syndrome

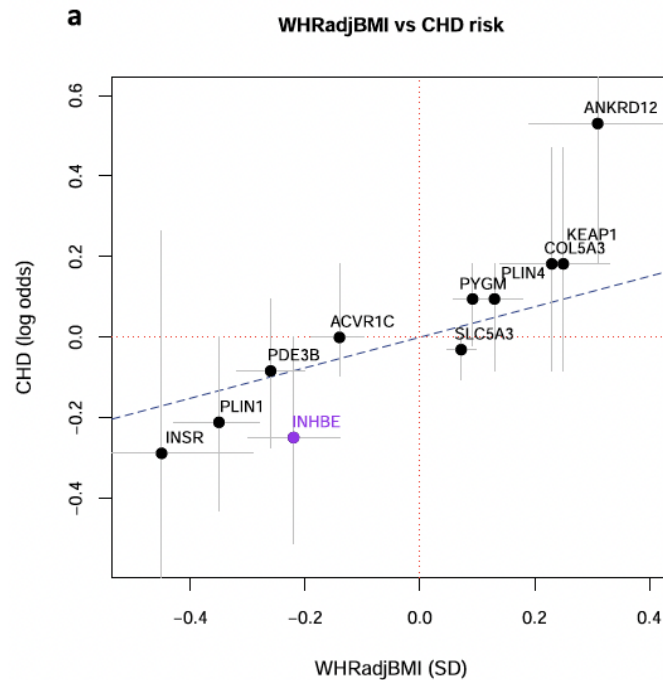
Anthropometric traits



Quantitative metabolic traits



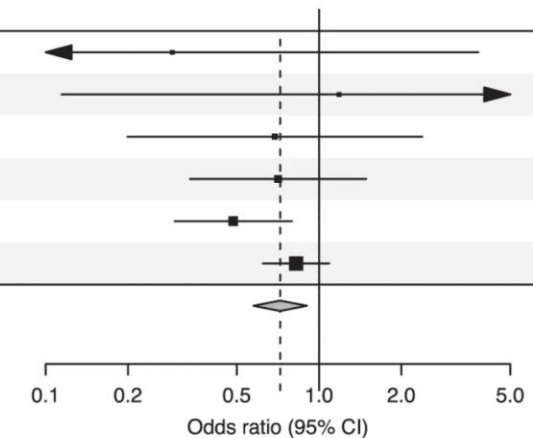
# INHBE LOF carriers have lower risk of cardiometabolic disease



**Type 2 diabetes (INHBE – pLoF, AAF < 1%)**

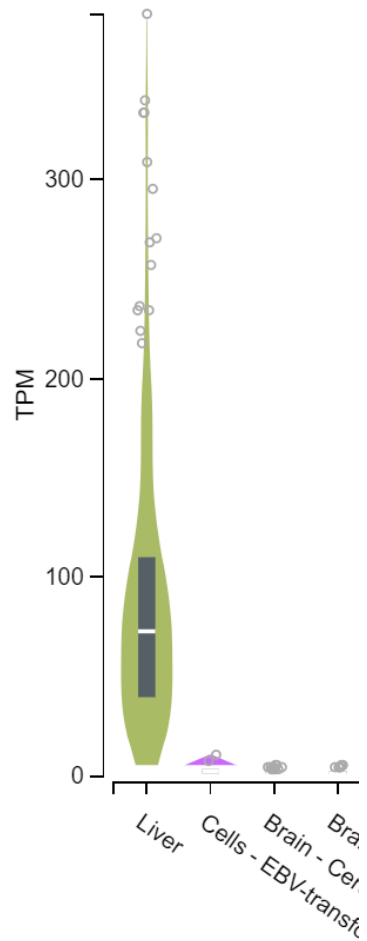
Cohort	Ancestry	Cases RRIRAI/AA	Controls RRIRAI/AA	Odds ratio (95% CI)	P
UKB	SAS	1,936 0 0	8,195 5 0	0.29 (0.02, 3.82)	$3.5 \times 10^{-1}$
SINAI	EUR	978 1 0	7,492 6 0	1.18 (0.11, 12.24)	$8.9 \times 10^{-1}$
MDCS	EUR	3,802 2 0	21,117 22 0	0.69 (0.20, 2.38)	$5.6 \times 10^{-1}$
MCPS	AMR	26,482 6 1	81,936 43 0	0.71 (0.34, 1.48)	$3.6 \times 10^{-1}$
GHS	EUR	26,740 18 0	64,737 111 0	0.49 (0.30, 0.80)	$4.1 \times 10^{-3}$
UKB	EUR	23,862 45 0	401,975 953 0	0.82 (0.62, 1.09)	$1.7 \times 10^{-1}$
<b>Meta-analysis</b>	<b>ALL</b>	<b>83,800 72 1</b>	<b>585,452 1,140 0</b>	<b>0.72 (0.58, 0.90)</b>	$4.3 \times 10^{-3}$

Heterogeneity  $I^2=0\%$ ;  $P=0.55$



# INHBE is a hepatokine with liver restricted expression

INHBE mRNA expression



Activin E



Inhibin E

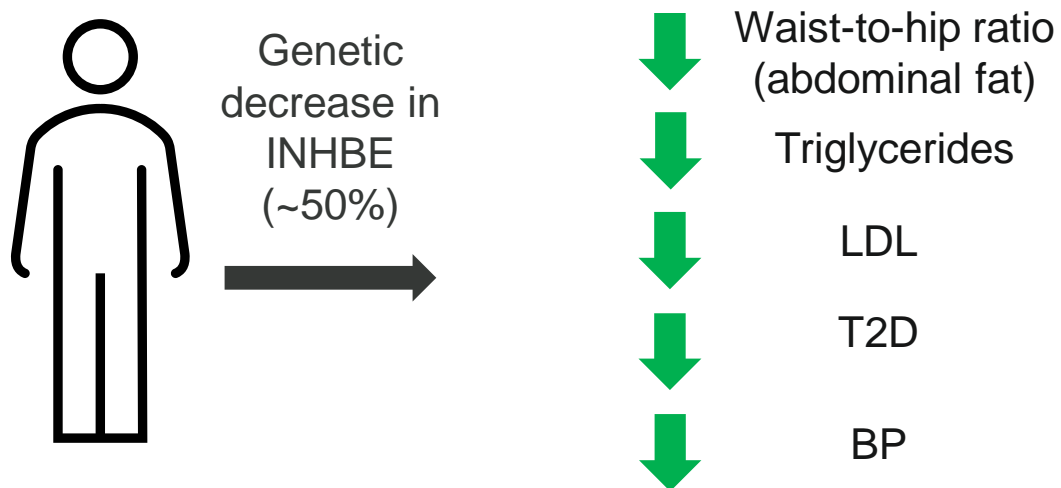





# INHBE Loss of Function Protects from MetS



- Alnylam discovered target in UK Biobank
- *INHBE* loss of function improves waist-to-hip ratio, a surrogate for abdominal fat that impacts risk for type 2 diabetes and heart disease



We are now pursuing an annual or bi-annual RNA-therapeutic to knockdown *INHBE*



To those who say “impossible, impractical,  
unrealistic,” we say:

**CHALLENGE ACCEPTED**